

## Application for the Utah State Office of Education Physical Education Endorsement

### Applicant Information

Name \_\_\_\_\_ Date Application Submitted \_\_\_\_\_

Cactus ID (preferred) \_\_\_\_\_ or SS \_\_\_\_\_

District \_\_\_\_\_ School \_\_\_\_\_

Major \_\_\_\_\_ Minor \_\_\_\_\_

Home Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Email \_\_\_\_\_

#### MARK APPLICABLE BOX (ES):

☐ Endorsement only

☐ State Approved Endorsement Plan (2 year)

\*Applicant must have a current license, be currently teaching in the endorsement area and have 9 semester hours toward endorsement.

Current educator license: ☐ Yes ☐ NoPending license: ☐ Yes ☐ No

#### Endorsement submitted by individual

\$40.00

Send to:

Utah State Office of Education  
Attn: Janet Strong  
Educator Licensing  
250 East 500 South  
P.O. Box 144200  
Salt Lake City, UT 84114-4200

#### State Approved Endorsement Program (SAEP)

\$30.00

Send to:

Utah State Office of Education  
Attn: Stephanie Ferris  
Educator Licensing  
250 East 500 South  
P.O. Box 144200  
Salt Lake City, UT 84114-4200

\*Paid by LEA or charter school

### Endorsement Requirements

The **minimum** requirement for the physical education endorsement is sixteen (16) **semester** hours in physical education related subject matter and must include the following courses:

#### There are two ways to earn the Secondary Physical Education Endorsement:

1. Successfully completing university or other approved courses, or
2. Demonstrated competency:
  - Score of 152 or more on Physical Education Content PRAXIS exam plus
  - Completion of course work for (1) Methods of Teaching Physical Education (2) Fitness for Life.

#### University and In-service Courses Approved by USOE

1. University courses should be a minimum of three semester hours in each requirement.
2. *Methods of Teaching Physical Education* should be taken within five years of the date of this application. All other coursework is not dated.
3. University courses are reviewed and approved by agreement with USOE. *You must have original transcripts attached (internet transcripts are not acceptable), with the courses highlighted.* In-service courses other than those offered by the USOE must be approved by the USOE Health Curriculum Specialist. *You must submit a copy of the CACTUS report, with the courses highlighted.*

For each of the seven requirements (as of 9-4-2003), check or enter the course which meets the requirement. University courses listed are pre-approved. If the course name and number are not an obvious match to the requirement, list explicitly the course you wish to substitute under "other." Educators should talk to the education departments at each university for questions regarding course requirements.

#### 1. Introduction to, Administration of, or Philosophy of Physical Education

\_\_\_\_\_BYU: EXSC 302, Philosophical and Ethical Issues in Exercise Sciences  
 \_\_\_\_\_SUU: PE 4740, Organization and Administration of Activity Based Programs  
 \_\_\_\_\_U of U: ESS 2510, Introduction to Teaching Physical Education  
 \_\_\_\_\_USU: PEP 2000, Introduction and History of Physical Education or  
 \_\_\_\_\_PEP 4350, Administration of Physical Education  
 \_\_\_\_\_UVU: PES 2700, Foundations of Physical Education  
 \_\_\_\_\_WSU: PEP 2000, Foundations of Physical Education  
 \_\_\_\_\_Other: \_\_\_\_\_

Course Title

Site

Date

**2. Methods of Teaching Secondary Physical Education**

- ☐ BYU: EXSC 360, Curriculum and Assessment in Physical Education  
☐ SUU: PE 4900, Methods of Teaching Secondary Physical Education  
☐ U of U: ESS 4700, Methods of Teaching Middle School Physical Education or  
ESS 4710, Methods of Teaching High School Physical Education  
☐ USU: PEP 4900, Methods of Teaching Physical Education  
☐ UVU: PETE 4250, Secondary Physical Education Pedagogy  
(requires prerequisite coursework)  
☐ WSU: PEP 3520, P.E. Curriculum Development/Instructional Strategies  
☐ Other: \_\_\_\_\_

Course Title	Site	Date
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**3. Motor Learning**

- ☐ BYU: EXSC 361, Introduction to Motor Learning  
☐ SUU: PE 3050, Motor Learning  
☐ U of U: ESS 3551, Application of Human Motor Development across the Lifespan  
☐ USU: PEP 3200, Motor Learning and Skill Analysis  
☐ UVU: PES 3550, Motor Learning and Development  
☐ WSU: PEP 2600, Growth and Motor Development  
☐ Other: \_\_\_\_\_

Course Title	Site	Date
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**4. Exercise Physiology**

- ☐ BYU: EXSC 369, Exercise Physiology for Physical Education  
☐ SUU: PE 3070, Exercise Physiology  
☐ U of U: ESS 3091, Exercise Physiology or  
ESS 3094, Physiology of Fitness  
☐ USU: PEP 4100, Exercise Physiology  
☐ UVU: PES 3700, Exercise Physiology  
☐ WSU: PEP 3510, Exercise Physiology  
☐ Other: \_\_\_\_\_

Course Title	Site	Date
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**5. Fitness for Life**

- ☐ BYU: HEPE 129, Fitness and Lifestyle Management  
☐ SUU: PE 1098, Wellness Dynamics  
☐ U of U: ESS 3670, Exercise: Health and Cultural Perspective  
☐ USU: PEP 3000, Dynamic Fitness  
☐ UVU: PES 1097, Fitness for Life  
☐ WSU: PEP 2700, Health/Fitness Evaluation and Exercise  
PEP 3290, Skill Development and Methods of Teaching Fitness for Life  
☐ Other: \_\_\_\_\_

Course Title	Site	Date
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**6. Performance Nutrition**

- ☐ BYU: NDFS 100, Essentials of Human Nutrition  
☐ SUU: NFS 1020, Scientific Development of Human Nutrition  
☐ U of U: NUTR 1020, Scientific Foundations of Nutrition and Health  
☐ USU: NFS 1020, Science and Application of Human Nutrition  
☐ UVU: NUTR 1020, Foundations of Human Nutrition  
☐ WSU: HLTH 4420, Nutrition and Fitness  
☐ Other: \_\_\_\_\_

Course Title	Site	Date
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**7. Care and Prevention of Injuries**

- ☐ BYU: EXSC 320, Basic Athletic Training  
☐ SUU: PE 380, Care and Prevention of Injuries  
☐ U of U: ESS 2700, Care and Prevention of Injuries  
☐ USU: PEP 3100, Athletic Injuries  
☐ UVU: PES 2400, Sports Injuries  
☐ WSU: HLTH 2300, Emergency Response  
☐ Other: \_\_\_\_\_

Course Title	Site	Date
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**8. Current First Aid/CPR Certification**

- ☐ All: Submit copies of both sides of certification cards

**9. K-12 Certification: All Requirements plus *Methods of Teaching Elementary Physical Education.***

- ☐ BYU: Fundamental Skills and Teaching Methods for Elementary P.E.  
☐ SUU:  
☐ U of U: ESS 3710, Elementary Methods of Teaching Physical Education.  
☐ USU: PEP 3050, Physical Education in the Elementary Schools  
☐ UVU: PETE 4200, Methods of Teaching Elementary Physical Education  
 (requires prerequisite coursework)  
☐ WSU: PEP 3630, Physical Education K-6  
☐ Other: \_\_\_\_\_

Course Title	Site	Date
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**10. K-6 Certification: All Requirements substituting *Elementary Methods for Secondary Methods***